



Linacre Ladies in competitions

UNIVERSITY COMPETITIONS

2023 Oxford University Strengthlifting Competition

In this competition between three University powerlifting Clubs in June 2023, Linacre won first place overall, and Isabel de Berrié was the strongest lifter.

NATIONAL AND WORLD COMPETITIONS

2023 National BDFPA Full Power Championships



Carolyn Ten Holter achieved a personal best 85kg squat in the open 70 kg bodyweight category. Catherine Walter, in her first big competition post Long Covid in the M8 58.5kg category, qualified for World Full Power.

2023 BDFPA All-England Full Power Championships

Isabel de Berrié won gold in the 58.5kg bodyweight category (Open category)

2019 World WDFPF Full Power Championships



Jennifer Gooden and Catherine Walter competed in the WDFPF World Powerlifting Championships in Halle, Germany. Jen (far left in front row, holding flag) won gold in the Masters 1 70kg category, and Catherine (third in front row) won gold in the Masters 7 58.5kg category, and was the Best Female Masters lifter.

2019 National BDFPA Full Power Championships

Five Linacre Ladies that Lift and three Wadham Women Weightlifters competing under the Linacre banner competed in the 2019 BDFPA Full Power Championships in Edinburgh. We returned to Oxford with a Bronze (Catriona Robinson, Teen 3, 70kg bodyweight), four Silvers (Brandi Simpson-Miller, Masters 2, 80kg; Jennifer Gooden, Masters 1 70kg; Evie Fleck, Teen 3, 63kg; and Ruth Harris, Teen 3, 70kg) and a gold (Catherine Walter, Masters 7, 58.5kg). Catherine also won the Best Female Masters trophy.

2018 World (WDFPF) Full Power Championships

In 2018, five Linacre Ladies competed in the World Championships, gaining four golds and a silver in their categories.

Polly Thisdell 50.5kg bodyweight, Junior Gold; Catherine Walter 58.5kg, Masters 7 Gold; Lina Girdvainyte 53kg, Open Silver; Therese Hopfenbeck 55.5kg, Masters 2 Gold; Eva Masmanian 63kg, Junior Gold

2018 British (BDFPA) Full Power Championships

In 2018, nine Linacre Ladies qualified for British Drug-Free Powerlifting Association National Full Power Championships, and seven won places on the podium:

(College, age category, bodyweight category, award):

- Lina Girdvainyte (LMH), Open category, 53kg bodyweight, Bronze
- Isabel Stoppani de Berrié (Wolfson), Open, 58.5kg, not placed
- Professor Therese Hopfenbeck (Kellogg), Masters 2, 55.5kg, Gold
- Dr Catherine Walter (Linacre), Masters 7, 58.5kg, Gold
- Brandi Simpson-Miller (Linacre), Masters 2, 80kg, Silver
- Andreea Antuca (Linacre), Open, 63kg, not placed
- Polly Thisdell (Wadham), Junior, 50.5kg, Gold
- Jessica Gillard (Wadham), Junior, 63kg, Silver
- Eva Masmanian (Wadham), Junior, 63kg, Gold